

East Monongahela Sportsmen's Club

.22LR Long Gong Shoot



October 26, 2024 (1st went well – this will be better)

Range opens at 9AM for practice. First relay to the line at 9:30 AM.

Late entries may be permitted, but not guaranteed – no adds after round #1 is completed

Pre-registration is appreciated – please send an email with your name and phone # to events@emsportsmen.com

What: A new competition style match that feature bench rest style shooting with a .22LR rifle at long distance (300 Yards). Targets are swinging “Gongs” with diameters of 8”, 6” and 4”. Hence the name “Long Gong” . 5 Shooter relays – you will set a bench and shoot 10 shots before moving.

How: Participants will be seated at a concrete shooting bench and utilize a front bag (provided) or bipod to fire 10 shots in 3 minutes at the steel gongs. The 8” gong must be shot first. If a miss, the shooter must re-engage the 8” target. If hit, the shooter may stay the 8” gong or declare a move t 6” gong . This continues until either a declared move to 6”, completion of the 10 rounds or expiration of time. Same follows on for 6” and 4” shots. See the “rules” document for more info.

Equipment needed - .22lr rifles with scope capable of engaging a target at 300 yards. This requires over 40 MOA of adjustment with a 50 yard zero. 50 shots for score. Enough ammo for sighters and maybe side games/fun shots.

Cost - \$10 We will have cash payouts for 1st and 2nd Place (if we have at least 10 people). Less than 10, just 1st place. This may change in the future, we are hopeful that this becomes a regular event and we can do some league type setup. This could involve classes (based on prior scores) and maybe weight classes for rifles – we are just getting started – for now, everyone is one class.

Resources to learn more:

Facebook Long Gong Group: [\(1\) Long Gong | Facebook](#)

YouTube: [Promo Video](#)

FAQs –

Can I use a rear support/bag – Yes but only soft bags, no monopods or resting the stock on the table. Placing your hand under the stock is OK.

Can I use a front rest, I have a really nice one???? - No – Bags or Bipods only.

A .17 is a rimfire, I can use that? No – this is .22lr only. No stingers or extreme ammo. Standard and High Velocity only.

Scoring disputes? - There will be none – the spotter's decision is final.